DRAFT

Positive Steps Kemnay

Committee Meeting Minutes 07.02.20

Attending: Rob Mackay(Chair), Hilda Hart, Hamish Simpson, Madge Beattie, Midge Manson, Pam Wheatley, Anne Reid, Muriel Brydon

Apologies: Suzanne

1. Minutes of November Meeting
   Approved.
   Matters Arising
   - OSCR has now approved our Annual Report & Accounts
2. Finances/Budget

   The balance is £3270.51

   - There is still a £50 cheque awaiting
   - Meeting approved paying for Rob & Tim to resit the MIDAS test for Mini-bus drivers.
3. Walkers and Walks
   Agreed on dates for Mini Bus outings:
   April 10th & 29th May and possibly another two in July and August. Hoping to get Rangers support for one of these these. HILDA
   Picking up litter – agreed this could be done by the Walk Leaders on each of the walks. Require a bag and rubber gloves.
   Weekly Register – had clarification from PfA that these weekly registers can be destroyed after 6 months. Hamish talked about the variance of numbers of walkers across the weeks; he is producing an Excel analysis of these numbers.
   Recognised that the time for producing another Annual Report is coming up as this covers the period from April ’19 to March ’20. The data will be requied for this.
   All the walking groups are going very well e.g. the last Strength & Balance session attracted 28 people.

Claire Turnbull has been appointed as the new Health Walks co-ordinator for Aberdeenshire; her duties extend to social prescribing, people with long-term conditions and Macmillan Move More.

First Aid training course for the Walk Leaders – as it has been 3 years since the last training, then another training day needs to be organised. ROB

Paths for All have appointed Alec Findlay as a Public Artist in residence and he will be working with us over the year on a number of inspirational ideas.

4. Posters

   Our leaflet and poster is being displayed in the waiting area of the Surgery. Our link with the G.P. Practice is now through the newly appointed District Nurse, Claire Ross. Suzanne and Hilda are the co-administrators of our Facebook page.

5. Macmillan Move More

   As far as we know nobody who is recovering from cancer is currently walking with us.

   Hilda and Hamish are currently supporting 3 – 5 walkers on the Clan walk every Thursday morning.

6. Paths Group

   Dalmadilly Sign Post – still waiting for news

   Draft Walking Maps – still a slow process

   The Core Path is now going to be re-routed around the Dalmadilly Ponds.

7. Any other business

   - Welcome Packs are now being distributed to new registered walkers; this is being well received.
   - PfA have produced a new online resource called SLACK that provides helpful guidance, such as issues that arise with the Walkers' Database
   - Madge floated the idea that the Christmas Party could be held at the Hall rather than the Golf Club and use outside catering. There was mixed views but agreed worth exploring.

- Anne raised the question of whether walk leaders be issued with luminescent spray cans to highlight dog poo. This not considered to be a group responsibility but more of an individual response.

Next Committee meeting is scheduled for Friday 17th April at 11.30 a.m.