Approved

Positive Steps Kemnay

Committee Meeting Minutes 2nd June 2023, Held in Village Hall, Friendship Room

Attending: Rob Mackay (Chair), Hilda Hart, Marie Moynagh, Anne Reid, Hamish Simpson, Ian Booth

Apologies: Madge Beattie, Muriel Brydon, Sandra Collett, Ian Scott

1. Welcome by Rob with thanks for the production of the minute from 31st March 2023.

2. Minutes of 31st March 2023 Meeting

   The minutes were approved as accurate. Ian subsequently noted a wrong date, and this has been corrected.

   Matters Arising:

   Nothing that's not on the agenda apart from:

   Kemfest – the review meeting was good, and the Facebook page had over 1000 likes. However, 3 events had zero people attending. The next Kemfest would be held in the same week as the Aberdeenshire Wellbeing Festival.

   For the forthcoming Stonehaven trip, the bus will be full with maybe an overspill requiring one or maybe two cars. Hilda has purchased a large thermos and this along with another will mean 8 litres of hot water for tea!

3. Finances: Hilda reported there is as yet no replacement Treasurer Simon and Claire from the Buggy Walk group were approached but both declined for various reasons.
   The closing bank statement for May was £4,196.32. The bus trip has been paid and acknowledged. The £500 being held for Kemfest has all been paid and a small overspend of £34.95 will be financed from Spectrum Singers.
   An application will be made to the Co-op fund before the closing date of 10th June (since done), with the understanding that a decision will not be given until October 2023, and no money made available until October 2024. After some discussion it was agreed that the application will be for Strength and Balance posts hopefully to be installed strategically around The Green. The application would towards a total project cost of £5000. The remainder would be from other sources, yet to be applied for. If we are successful within the Co-op application, there should be time between the decision date and money availability date to hopefully plan with Aberdeenshire Council for the installation, and other applications for the remainder.

   Another application will be made to Age Scotland Grant for £380 for another bus trip during the winter months. This will be under the wee Grants Big Difference Scheme.

4. Volunteers

Simon Clark from the buggy Group has carried out online Volunteer Health Walk Leader Training. There could be the possibility of a joint evening walk? We also have Sue Pike and Yvonne Moir awaiting face to face training in August. Sue has been walking regularly, supporting existing leaders, while Yvonne is currently caring for her mother.

5. Walking Groups

An organisation called "Outside the Box" will be coming along to a future Strength and Balance session to carry out an evaluation on behalf of Patha for All. This is just to see how we do things and should help with other groups.
There had been 35 walkers this morning (22 long walk, 13 gentle walk).
Opening of the from door of the hall has been successful in getting folks off the pavement outside.
The Buggy Group will be closing on 13th and 20th July due to holidays.
It was reported that the main hall is now being opened on Friday to avoid having a large group outside blocking the pavement. This is proving successful.

6. Reminiscence Group development

Marie and Hamish attended the Kemnay Tuesday Group and reported a very positive attitude towards a Reminiscence Group. They will return to the Tuesday Group on 1st August, 12th September, 24th October and 19th December to progress things further. The first meeting will be along the lines of building history as per the S&B session(s), and hopefully "build" on that.

Jackie Coroon from Memory Scotland is very interested in the group and will attend the meeting on 12th September. She is building up a memory bank of photos and looking for the Tuesday Group to bring photos to one of the sessions.

Ian will contact Ian Dow about the memory boxes at Mintlaw.

Marie and Hamish were reminded to claim back any expenses they may have as things move along.

7. Annual General Meeting

The provisional date of 30th June had been suggested for the AGM. We don't have time to make any Constitution changes before then but will propose that this is done later. Rob, Hilda and Ian will bring proposed changes to the Constitution to the new Committee and propose an Extra Ordinary General Meeting in say September or October. We will go ahead with the AGM for 30th June and invite all walkers to attend. A note will be given to all walkers over the next couple of weeks.

8. Publicity / Promotion

The website www.positivestepskemnay.uk has a generic email address of info@positivestepskemnay.uk.

9.Kemnay Paths Group.

The Pedestrian and Cycle path work completed last year is being researched by Aberdeenshire Council with as decision target date of 2024 according to Councillor Glen Reid's Facebook page. Research by April 2024 followed by the long acquisition process.
We will also try and find out about the Council's Chief Executive visit to Kemnay to see how it went, with reference to the riverside path. Rob will try and follow this up.

9. Privacy Notice for Photos / Videos and Verbal Quotes

Standard Agenda item with forms received and Ian collates the forms.

10. Any Other Business

Hamish has produced revised draft risk assessments for the walks, and Rob will respond in due course.

12. Date of next meeting:

AGM on 30th June with follow on Committee meeting to be discussed.