Approved

Positive Steps Kemnay

Committee Meeting Minutes 31st March 2023, Held in Village Hall, Friendship Room

Attending: Rob Mackay (Chair), Hilda Hart, Madge Beattie, Muriel Brydon, Marie Moynagh, Ian Scott, Hamish Simpson, Ian Booth

Apologies: Sandra Collett, Anne Reid, Mel Brown

1. Welcome by Rob with thanks for the early start.

2. Minutes of 17th February 2023 Meeting

   The minutes were approved as accurate.

   Matters Arising:

   A batch of beanie hats (13) had arrived. There was a one off set up cost of £24.99 + Vat, but we had sold these hats at £10 each, resulting in slight loss on this occasion. An order of 50 snoods is pending, as we are awaiting confirmation of any set up cost.

   In respect of possible First aid course including Defib., Rob has not had any luck in sourcing an appropriate training provider. Hamish mentioned that D. Gauld has advertised this training via the Kemnay Newsletter. Hamish will follow this up.

   Rob reported that the Kemfest event week is shaping up well, with good organising meetings held and a Facebook page will be launched soon. Existing groups and one-off events will participate. PSK will hold a table, with banner etc from 1300 hours on 7th May.

3. Finances / Budget Hilda reported that a closing bank statement for the year end is awaited, but that the year-end balance was £4,880.39, including the Age Scotland Grant of £780, which had just come in. Hilda also reported that the John Adam Trust will donate £350 for older aged groups. This will appear in the next financial year. Hilda also reported that new name badges had arrived and were being distributed.

4. Volunteers

   With reference to the draft Volunteer Policy tabled at the last meeting and to Walk Leaders Meeting, a more simplified version had been produced, using guidance from Paths For All (PFA). Subject to some minor changes this Policy was approved with this as this approval date, along with a review date.

   It was reported that we are actively recruiting new volunteers, in Sue and Yvonne, who will be joining walks and getting information ahead of formal Walk Leader training later this summer. (Face to face training in August). Rob also reported that a further two people are interested in training for the Buggy Walk Group (Simon and Claire). An advert may also be placed in the Newsletter for other potential leaders.

5. Walking Groups

It was reported that the main hall is now being opened on Friday to avoid having a large group outside blocking the pavement. This is proving successful. A Vileda mop is available for a quick swish of the floor if required. The hall is available for free for this short time each week.
The attendances for March have been 40/43/44/38 and 23, including Walk Leaders. We have also been managing 3 walk leaders for the gentle walk each week.
Rob reported that the Buggy Walk group regularly has 10 buggy walkers, with 11 children including three new walkers. Health Visitors are actively promoting the Buggy Walk to new mums.
Kestrels are still very active with a mix of longer and shorter walks to suit abilities of the members.
It was reported that All Ability Training is coming up.

6. Reminiscence Group development

Marie and Hamish have met together and agreed on the following objectives for the group.

Mental wellbeing
Social
Fun
Connections
Learning

As previous, it was agreed that £200 (ex-Bargain Box donation) could be allocated to cover expenses.
Chats could be recorded via smart phone (as per Wick Heritage)
Venues for discussion could include – Kemfest/Tuesday Centre/Littlewood Court/ Friday Walkers/Kirkstyle.org (Duncan Downie)/Kemnay Library/ KCC website. A link to the Scottish film archive of the 1976 Kemnay Fair was also discussed (as per one of the Kemnay Steens) – here is the link Full record for 'KEMNAY FAIR 1976' (8786) - Moving Image Archive catalogue (nls.uk)

7. Publicity / Promotion

The website www.positivestepskemnay.uk has a generic email address of info@positivestepskemnay.uk.

It is noted that PSK as a group has 3 free adverts in the monthly Kemnay Newsletter

8.Kemnay Paths Group.

Rob reported that the Paths Group is to be “rebooted” through Greener Kemnay at a meeting next week, with the aim to involve more people. With reference to the flood damaged Riverside, the Council are trying to divest itself of this path, which is a Core Path. The Core Path through Place of Origin was discussed, with the suggestion that the upkeep could be from people carrying out community payback.

9. Privacy Notice for Photos / Videos and Verbal Quotes

Standard Agenda item with forms received and Ian collates the forms.

10. Any Other Business

Efforts are still being made to try and reinstate or replace the Kemnay Community minibus.

Hamish has produced revised draft risk assessments for the walks, with the aim of having an A5 print version and electronic version.

The dates for bus dates (Age Scotland Grant) are to be finalised by Rob, Hilda, and Ian. Since agreed and progressing on 9th June and 8th September.

12. Date of next meeting:

Provisionally Friday 2nd June 2023 at 1130 hours.