Approved

Positive Steps Kemnay

Annual General Meeting 30th June 2023

In attendance: Committee Members Rob Mackay (Chair), Mel Brown, Muriel Brydon, Sandra Collett, Hilda Hart, Marie Moynagh, Anne Reid, Hamish Simpson, Ian Booth, 30+ Walking Group Members, and Claire with Daniel from the Buggy Walk Group

Apologies: Madge Beattie

Rob opened the meeting on the bell and welcomed those attending. It was good to see such a good turnout.

1. Minutes of 2022 A.G.M. held on 17th June 2022

The minute was approved.
Proposed Hilda Hart, Seconded Midge Manson

Matters Arising

Nil

2. Annual Report

The Annual Report had been circulated by email and received good feedback. There were also some hard copies available for perusal. This had been a fantastic year for Positive Steps Kemnay (PSK). In the reports were human story comments from Hamish as a Walk Leader for over nine years, Karen as new walker from 2022 and also Paula MacDonald as a buggy walker since 2019.

There had been 32 new members across all groups, with now 64 “older” members and 24 participating in buggy walks. We continued with our partnership work, including Paths for all, and also including helping with installation of Happy to Chat benches. Grants had been received which allowed for continuation of hall hire such as today, and also for our successful Stonehaven bus trip.

The “piece de resistance” was achievement of the best Scottish Health Walk award 2022, through Paths for All, which included a filming day in Kemnay and a trip to Scottish Parliament in Edinburgh to receive the award. Indeed a fantastic achievement for our wee village. A selection of gallery photos was also included in the report. The Annual Report was unanimously supported.
Proposed by Joyce Kelman, Seconded by Colin Lyon

3. Financial Report

Hilda had circulated the report (details in the annual report) and made available hard copies for perusal. The year closed on 31st March 2022 with a healthy Bank balance of £5,272. We had received grants from The John Adam Trust of £450, (used for our Stonehaven bus trip),(and a further £350 this year), The Bargain Box of £200 (allocated for expenses for the

Reminiscence Group newly started), AVA Community Health and Wellbeing Fund of £1400 (primarily for hall hire throughout the year), Age Scotland of £780 (at the year end for bus trips over the summer) and Paths for All of £250 for a prize for our best Scottish Health Walk 2022 award. Hilda explained the importance of us applying for grants to fund all our activities.
Rob proposed a vote of thanks for Hilda for her work as Treasurer over the last 10 years.

The Financial Report was approved by meeting, and a copy signed by Rob for sending to OSCR.
Proposed by John Wallace, Seconded by Gail Noakes

4. Trustees Appointments and Resignations

Rob explained the workings of the Committee over the past year and mentioned all committee members by name. The following were re-appointed as Trustees:
Rob Mackay, Hilda Hart, Hamish Simpson, Madge Beattie, Sandra Collett, Marie Moynagh, Muriel Brydon, Mel Brown, Ian Booth.

Resigning Committee members Anne Reid and Ian Scott were thanked for their contribution as Trustees on the committee.

Karen E Simpson was proposed as a new committee member and welcomed.

All Proposed by Rob Mackay, Seconded by Midge Manson

The new Committee will soon, during which nominations will be agreed for Office Bearers of Chair, Treasurer and Secretary. The committee can consider co-opting additional Trustees during the coming year.

5. Constitution

Rob explained that our Constitution is in need for refreshment and that this will be updated in due course to be brought before an Extraordinary General Meeting most likely during the October school holiday time.

6. Date of Next Committee meeting

Agreed as 14th July at 1100 hours.

7. Any other business

Rob brought up another item that was mentioned in the Annual Report – this is appreciation for our Volunteer Walk Leaders. There was a round of applause for our Volunteers.
Muriel Brydon mentioned that with the longer walk it is often strung out with faster walkers at the front, and with our growing numbers, should we be looking at a split in this walk. This would require additional Walk Leaders being available for any given week. The Gentle walk had been increased from 2-3 leaders through the year to accommodate different walking distance abilities. We currently have 10 active Walk Leaders and Hamish co-ordinates

the weekly rota. It was stated that the aim is to get more Walk Leaders trained up, and also for the Buggy Walk Group. There are two pending leaders in the familiarisation and training process at present but ideally, we would need more to give more flexibility for planning availability of Leaders every Friday. This was also endorsed by Anne Reid. It was agreed that potential Walk Leaders need to be people friendly and active on the “social scene” and be involved with walks and walkers for a while before undergoing training. This has been the case recently for Sue Pike who will be trained in August. The Paths for All website has a list of information that is available for reading for anyone wishing to consider training as a Walk Leader.

We actively try to keep up to date with walkers and the meeting discussed progress on our oldest walker who is currently in hospital (and tested +ve with Covid!) who has poor mobility at the moment but hoping to get back home to Littlewood Court. We wish him well.