POSITIVE STEPS KEMNAY - approved

Minutes of Committee meeting held in community room on 9th May at 11.30am

Present :- Hamish Simpson, Hilda Hart, Mel Brown, Ian Booth, Karen Simpson, Dorothy Mitchell, Karen E. Simpson, Sandra Collett, Marie Moynagh, John Halkett.

1) Marie welcomed everyone to the meeting.

2) **Apologies** :- Rob MacKay, Muriel Brydon, Claire Nesham, Bill Michie

3) **Matters arising** from previous minutes:- Rob M. had asked John H. to report that following on from the discussion at the last meeting, he had communicated with Paths for All that positive steps Kemnay have withdrawn from the Mental Health Advisory Group.

4) **The minutes** of the meeting held on 21st March 2025 were approved, proposed by Dorothy Mitchell, seconded by mel Brown.

5) **Finance :**- the accounts for the year had been circulated by treasurer Hilda and were approved, proposed by Dorothy Simpson, seconded by Hamish Simpson.
The current bank is £6648.19.
The Bus for the away trip to Milton of Crathes is £100 which is considered very good value and much less than the trip to Footdee last year. There was a suggestion that we might ask for a donation from those going towards the cost, but Hilda pointed out that we receive various donations towards this and the cost is fully covered.

6) **Walking groups report**:- From Rob:- the Friday walkers average 34 members per session and the Thursday buggy group 9 (4 adults, 5 children). Hilda suggested we might provide water for the walkers as they return to the café in extremely hot conditions like today.
Sandra will be collecting names for the bus trip to Milton of Crathes on 25th July.
There will be no café in the community room on 11th, 18th and 25th July.
The strength and balance group are taking a bus to Castle Fraser for an outing on 1st wed in June.
Claire Nesham had reported by email that the Buggy group is going well with new walkers returning week on week increasing the numbers. During Kemfest week they will meet at Alehousewells Park to start their walk. Vicky and a colleague from NESCAN had visited the group to gather information/feed back on Kemnay.
John H. has agreed to work with Rob in adding new names to the walkers' database.

7) **Kemfest update**:- John H. had circulated the programme to committee members.
Rob is leading a walk for men on Tuesday at 4.45pm meeting by the entrance to Fetternear estate.

Ian will again do “body boosting bingo” in the village hall at 2pm on Wednesday.
There are two films to be shown, “Silent Men”, a documentary by Duncan Cowles exploring men’s health issues on Monday and “a man called Ove” on Friday.

8) **Village Hall update**:- Hilda H. reported that the future running of the hall was discussed at the last hall meeting. Currently the hall is managed by a committee but to satisfy OSCR there needs to be a fixed constitution with a set of trustees plus committee members. Current members had been asked to chose and six have agreed to be trustees who will now hold a separate meeting. The upcoming AGM will finalise matters.

9) **Reminiscence group**:- not much happening at the moment. There was a programme but now meet on an ad hoc basis.

10) **Publicity/Promotion**:- we will need new leaflets in the future but are OK at the moment.
The advert in the newsletter currently costs £11 for two half pages. (should be £11 for one half page but newsletter still establishing running costs).

11) **Paths Development Group**:- A work party had taken place at Dalmadilly ponds and had made good progress on the first 100 metres and 6 drains had been cleaned out (thanks to Hamish). Another date has been set for Sunday 25th May at 10.30am. The date in the Greener Kemnay bulletin is 18th May. Hilda undertook to check this. (it is confirmed as the 25th May).
There will be a table promoting the paths group at greener Kemnay’s open day on Saturday at Birley Bush with the intention of recruiting new members.

12) **AOCB:**- The current newsletter from OSCR states that charitable organisations need to provide details of all trustees. Hilda provided forms for committee members to complete.

There was a discussion re. PVG requirements in view of the recent Scottish Health Walks newsletter which contains the Network Guidance Note Public Protection (May 2025) and states that " PVG checks are not required for Walk Leaders on Health Walks which are open to the general public.

This applies whether any protected adults attend the Health Walk or not, or if health/social care professionals signpost individuals to the Health Walk as this would be considered incidental. "
Our " Equality, Inclusion and Protection Policy Statement " dated November 2020 needs checked out at the next committee meeting to ensure complies with the new regulations. Ian is sending out to committee.

“Ramblings – Radio 4” Following on from Marie’s invite to BBC radio 4 “Ramblings” programme producers with an invitation for PSK Health Walks to host a future episode of the programme, though the idea was well received by the producer they unfortunately couldn’t accommodate recording the programme on a Friday. Following subsequent consideration PSK decided it was too difficult to change from the recognised Friday outing

for a one off event so the idea was dropped. Hamish is still in contact re. the Garioch 50+ men's group but no further development.

13. **Date of next Meeting**

AGM 13th June at 0915 hours. Ian will put out notice for AGM two weeks ahead and arrange for notices in and out of public hall. Next Committee meeting will be arranged following the AGM

As some members have indicated that they will not be standing for the committee next year then we need to be on the lookout for new members.

Meeting closed at 12.10pm.